

# **Essentials: Episode 4**

Multiple Valvular Heart Disease
Mixed Valvular Heart Disease
Endocarditis

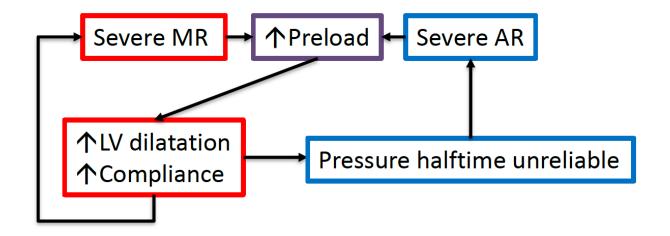
#### General approach for multiple and mixed VHD

**CLINICAL SCENARIOS** Primary modality Doppler-echocardiography 1.Number/type VHD Echo Secondary modalities: STEP 1: ASSESS NUMBER, TYPE, AND SEVERITY OF VALVULAR LESIONS Dobutamine stress echo Cardiac catheterization MDCT TWO OR MORE ONE SEVERE AND AT LEAST TWO OR MORE ONE NON-SEVERE LESION SEVERE LESIONS NON-SEVERE LESIONS Primary modality Exercise testing, ECG 2.Symptoms Secondary modalities STEP 2: ASSESS PRESENCE OF SYMPTOMS AND CONFIRM THAT VALVULAR LESIONS ARE THE CAUSE OF SYMPTOMS Exercise stress echo Plasma BNP Echo Primary modality 3. Repercussion Doppler-echocardiography STEP 3: ASSESS REPERCUSSION OF VALVULAR LESIONS ON CARDIAC CHAMBER FUNCTION MRI LV systolic dysfunction, RV systolic dysfunction, Pulmonary hypertension, Atrial fibrillation Secondary modalities Exercise/ Dobutamine stress echo CMR Cath Cardiac catheterization PRESENCE OF SYMPTOMS, LV/RV SYSTOLIC DYSFUNCTION, PULMONARY HYPERTENSION. AND/OR ATRIAL FIBRILLATION Heart Team Surgical risk scores 4.Procedure **Heart Team** STEP 4: ASSESS THE INDICATION AND SELECT THE TYPE, AND TIMING OF VALVE PROCEDURE(S) Frailty Likelihood and risk of reintervention Natural history of the unoperated valve Double valve surgery usually Surgical or transcatheter Case-by-case strategy determined by the global consequences of all considered correction of the predominant Possible role of transcatheter procedures, valvular lesion according to current combined or staged, in patients with guidelines recommendations for Surgical or transcatheter correction of extreme / high surgical risk single valvular lesion one or more lesions Case-by-case management of the non-severe lesion: concomitant correction, staged correction, or conservative Unger P, Circ Cardiovasc Imag 2018



#### Prevalence of combined AR/MR

- Rare among young adults
- Prevalence 8-10.7%
- 3<sup>rd</sup> more frequent combination when multivalvular disease
- Rheumatic disease, the leading cause (51%) (EuroHeart Survey)
- Increasing frequency of degenerative disease
- MR can be primary or secondary (uncommon, mechanism of compensation)

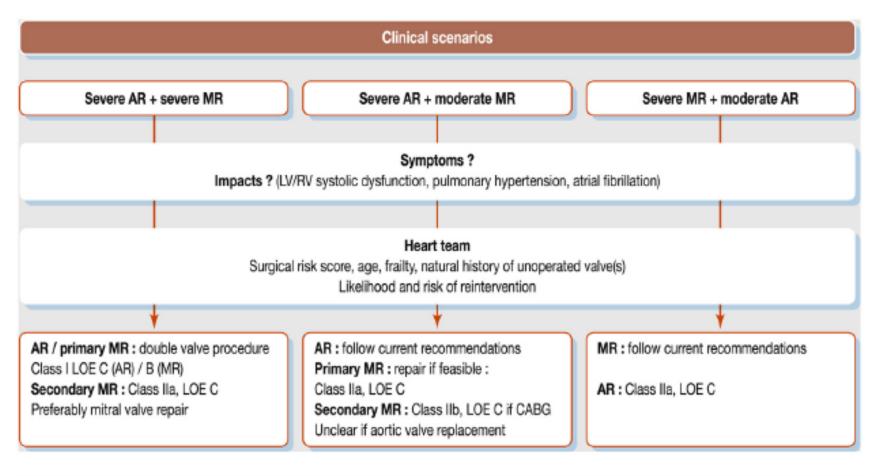


- Severe AR and MR:
  - poorly tolerated hemodynamically
  - Postoperative LV dysfunction more likely to occur

Andell P, Heart 2017;103:1696—703 lung B, Curr Probl Cardiol 2007;32:609—61 Goldbarg SH, J Am Coll Cardiol2007;50:1205—13.



## Approach MR/AR: 3 scenarios



Oriented to surgery

Unger P, Archives Cardiovascular disease 2019





# AS and concomitant MR

Presence and severity of MR, reduces SV > low-flow condition even with PEF.

Hence AS severity can be underestimated as flow through aortic valve \$\sqrt{}\$

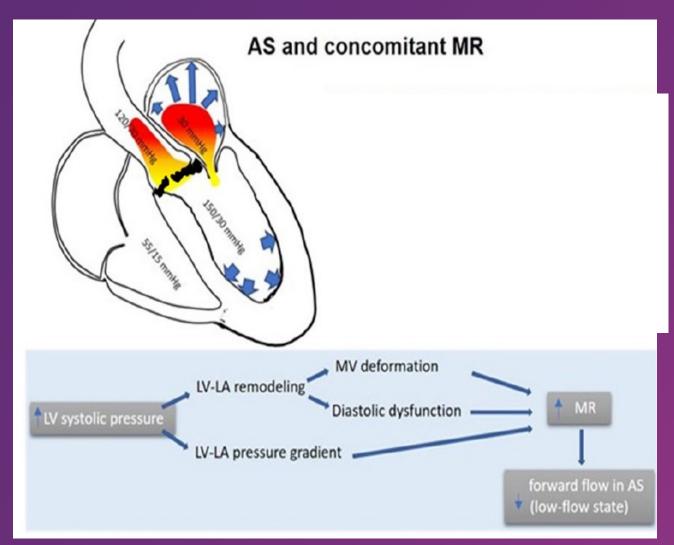
Expected pathophysiological consequence of volume overload in MR

→ LV enlargement, to maintain SV.

But remodeling led by AS

→ LVH, small cavity, ↓subendocardial LV

function with ↓ longitudinal contraction

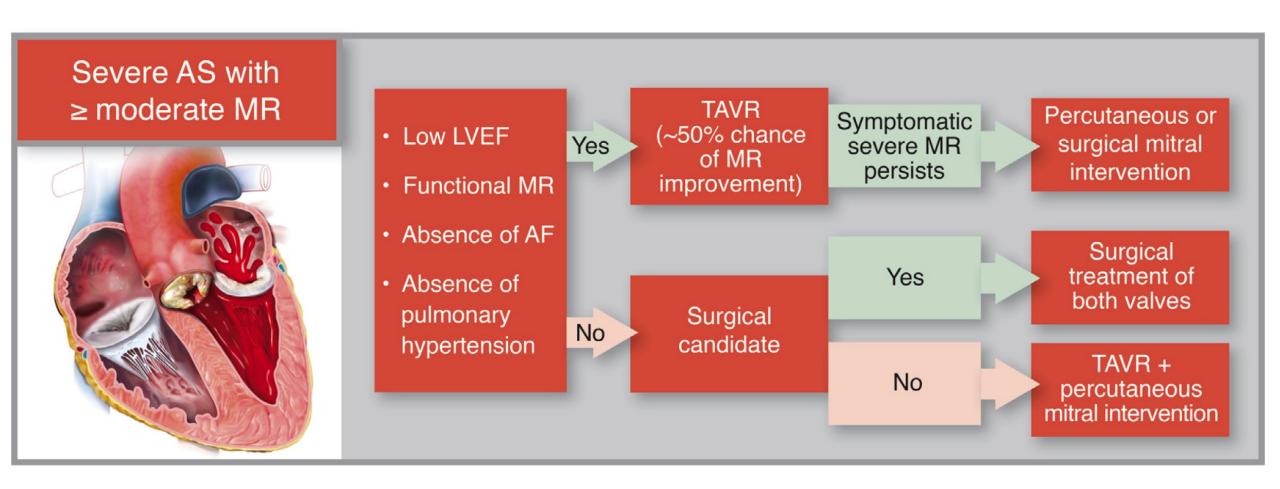




# Take home messages: AS + MR

- ✓ The particular interaction of these two valve lesions makes echocardiographic evaluation challenging
- ✓ AS severity can be underestimated in the presence of MR due to a **low flow state**
- ✓ Color Doppler and RVol can overestimate severity of MR
- ✓ Advanced imaging can help in the correct evaluation of valve lesions
- ✓ Calcium score of AV is helpful when echocardiography is inconclusive

## **Severe AS + significant MR**



Khan F, et al. J Am Coll Cardiol Interv 2020;13:1503-14.



### **TAVI and TEER**

- In high-risk or inoperable patients with severe AS and severe MR, combined (or more often sequential) TAVI and TEER may be feasible, but there is insufficient experience to allow robust recommendations
- In patients with severe primary MR, TEER should be considered early if the patient remains symptomatic and MR is still severe after TAVI
- In patients with severe secondary MR, TAVI should be followed by careful clinical and echocardiographic reassessment to determine whether further mitral intervention is required

2021 ESC/EACTS Guidelines for the management of valvular heart disease



#### Left sided VHD and TR

The NEW ENGLAND JOURNAL of MEDICINE

#### ORIGINAL ARTICLE

# Concomitant Tricuspid Repair in Patients with Degenerative Mitral Regurgitation

J.S. Gammie, M.W.A. Chu, V. Falk, J.R. Overbey, A.J. Moskowitz, M. Gillinov, M.J. Mack, P. Voisine, M. Krane, B. Yerokun, M.E. Bowdish, L. Conradi, S.F. Bolling, M.A. Miller, W.C. Taddei-Peters, N.O. Jeffries, M.K. Parides, R. Weisel, M. Jessup, E.A. Rose, J.C. Mullen, S. Raymond, E.G. Moquete, K. O'Sullivan, M.E. Marks, A. Iribarne, F. Beyersdorf, M.A. Borger, A. Geirsson, E. Bagiella, J. Hung, A.C. Gelijns, P.T. O'Gara, and G. Ailawadi, for the CTSN Investigators\*

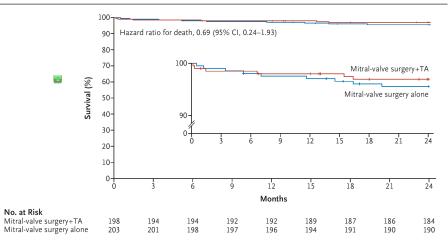
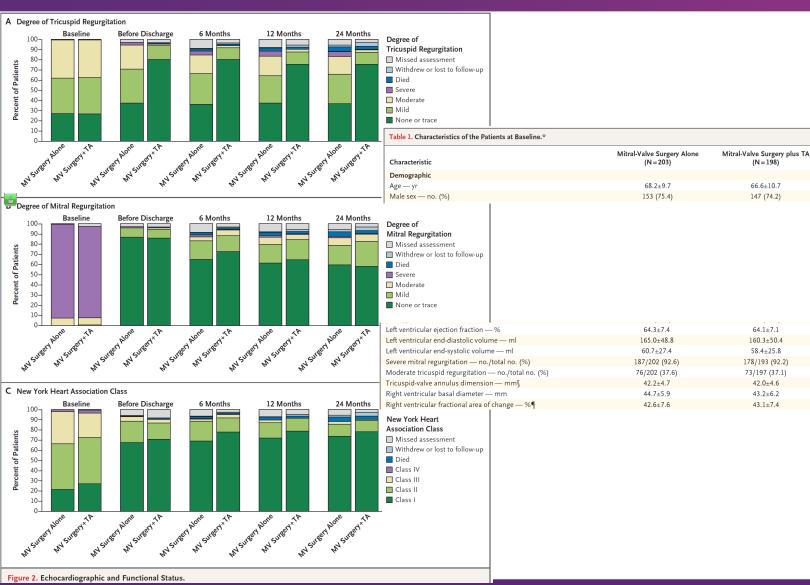
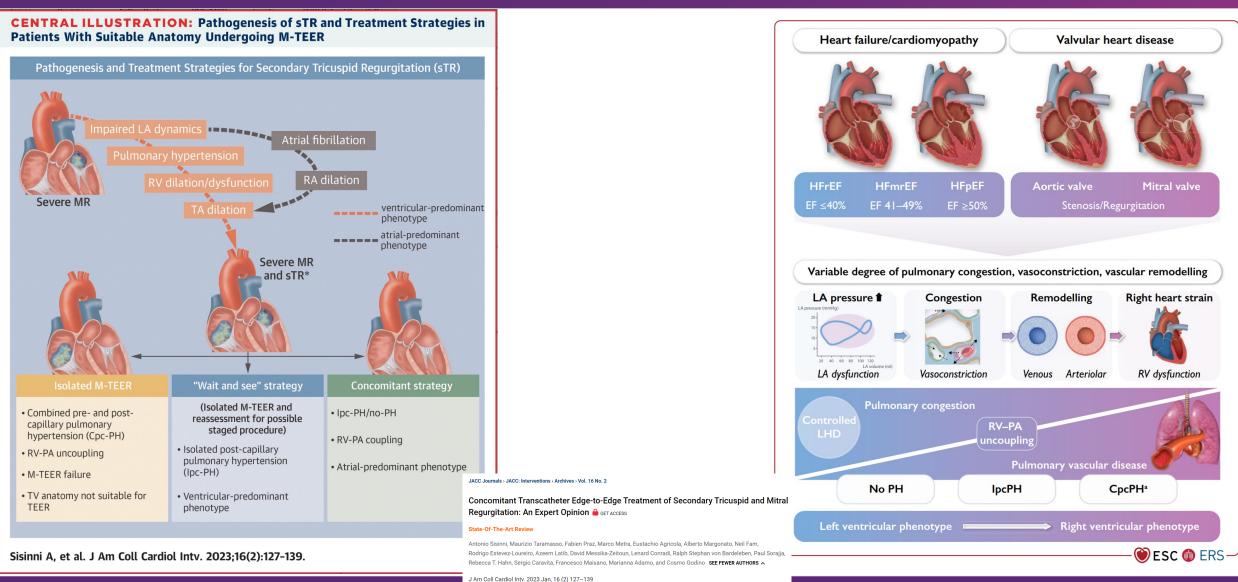


Figure 1. Overall Survival.

Shown are Kaplan–Meier estimates of overall survival during the 2 years after randomization among patients with moderate or less-than-moderate tricuspid regurgitation who were undergoing mitral-valve surgery alone or surgery with placement of a tricuspid annuloplasty (TA) ring. The inset shows the same data on an expanded y axis. The tick marks indicate censored data.



#### Left sided VHD influences TR development and severity







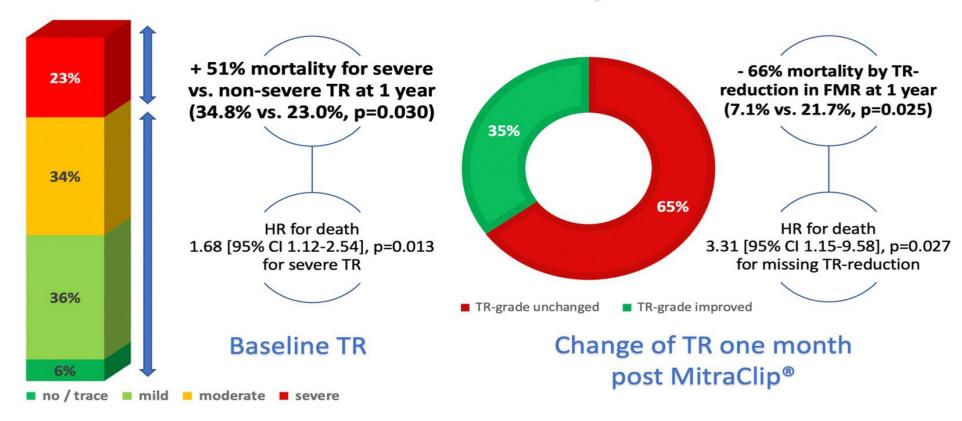
Improvement of secondary TR with left VHD treatment?

**Graphic abstract** 

Concomitant tricuspid regurgitation severity and its secondary reduction determine long-term prognosis after transcatheter mitral valve edge-to-edge repair

Martin Geyer¹ . Karsten Keller¹.2.3 · Kevin Bachmann¹ · Sonja Born¹ · Alexander R. Tamm¹ · Tobias Friedrich Ruf¹ Felix Kreidel<sup>1</sup> · Omar Hahad<sup>1,4</sup> · Aniela Petrescu<sup>1</sup> · Michaela Hell<sup>1</sup> · Andres Beiras-Fernandez<sup>5</sup> · Angela Kornberger<sup>5</sup> Eberhard Schulz<sup>1</sup> · Thomas Münzel<sup>1,4</sup> · Ralph Stephan von Bardeleben<sup>1</sup>

#### Baseline TR and procedural reduction at one month predict survival after TMVR with MitraClip®

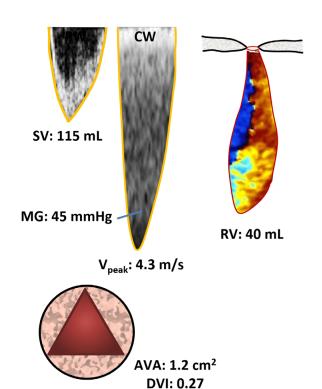




## Aortic stenosis and aortic regurgitation: diagnostic challenges

## Echocardiographic diagnostic limitations. AS & AR

#### **MODERATE AS and MODERATE AR**



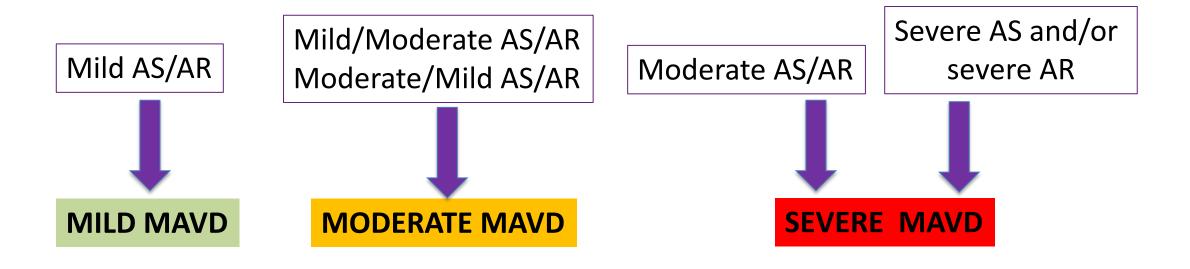
#### **AORTIC STENOSIS AND AORTIC REGURGITATION**

- Peak aortic jet velocity and mean gradient are the best parameters to assess the overall haemodynamic severity of MAVD.
- Peak aortic jet velocity and mean gradient may underestimate MAVD severity in presence of low flow state.

Heart 2019;**105**:1515–1522

## Aortic stenosis and aortic regurgitation: diagnostic challenges

#### ACCORDING TO AS AND AR EVALUATION, DEFINE AND GRADE MAVD



**Prognosis modifiers**: older age, more severe AS and/or AR at baseline, larger LV mass index, more pronounced LV concentric remodelling and advanced LV diastolic dysfunction.

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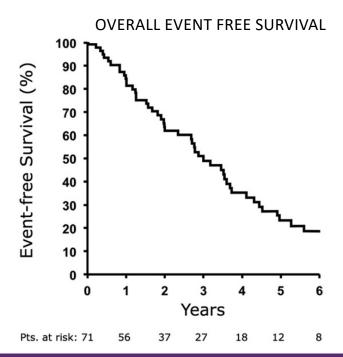
#### Natural History of Mixed Aortic Valve Disease

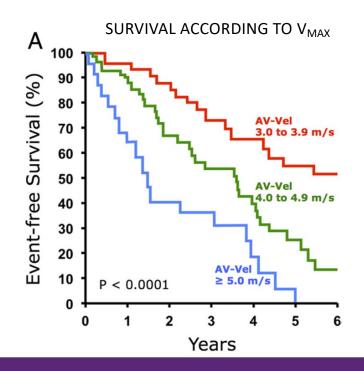
**Valve Disease** 

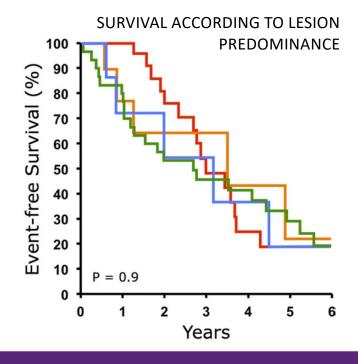
# **Outcome of Combined Stenotic** and Regurgitant Aortic Valve Disease

Robert Zilberszac, MD,\* Harald Gabriel, MD,\* Michael Schemper, PHD,† David Zahler, MD,\* Martin Czerny, MD,‡ Gerald Maurer, MD,\* Raphael Rosenhek, MD\* Vienna, Austria; and Berne, Switzerland

- 71 patients (21 female), mean age 52 years
- 50% bicuspid aortic valves
- At least moderate AS plus moderate AR
- Good LV function
- Median FU 8.9 years









#### **Indications for Surgery**

Indications for surgery	Class <sup>a</sup>	Level <sup>b</sup>
A) Severe aortic regurgitation		
Surgery is recommended in symptomatic patients regardless of LV function. 105-109	1	В
Surgery is recommended in asymptomatic patients with LVESD >50 mm or LVESD >25 mm/m <sup>2</sup> BSA (in patients with small body size) or resting LVEF <50%. 107,108,112,114,115	1	В
Surgery may be considered in asymptomatic patients with LVESD >20 mm/m <sup>2</sup> BSA (especially in patients with small body size) or resting LVEF <55%, if surgery is at low risk.	IIb	С
Surgery is recommended in symptomatic and asymptomatic patients with severe aortic regurgitation undergoing CABG or surgery of the ascending aorta or of another valve.	ı	С
Aortic valve repair may be considered in selected patients at experienced centres when durable results are expected.	llb	С

#### Also consider:

- Increase in LVEDD (> 65mm)
- Fall in LV function
- Raised BNP

#### **Medical Therapy:**

The role of ACE inhibitors (or other vasodilators) in delaying surgery or improving symptoms is not established

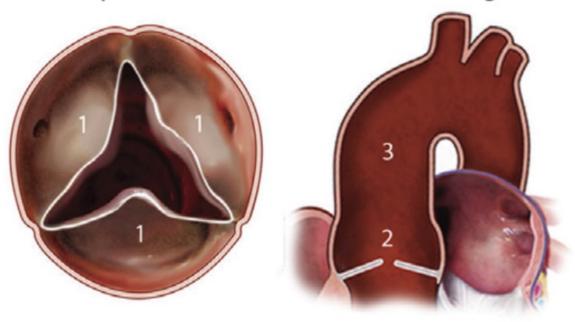
**ESC/EACTS Guidelines 2021** 



#### **Challenges for TAVI in AR**

## Aortic Valve Regurgitation

- 1- Minimal or absent cusp calcification
- 2- Dilated aortic root
- 3- Frequent coexistence of dilated ascending aorta



## No anchoring

- Embolism
- Migration
- No sealing
  - Residual AR

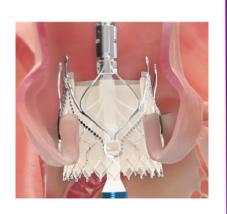
**Oversizing strategy** 

Franzone, Pilgrim et al 2016



#### New devices tailored to the anatomy of pure AR





#### **Early EU Experience – Multicenter Study**

#### Patient characteristics:

• 58 patients:

mean age: 76y

• Female: 36%

EuroSCORE: 6.7%

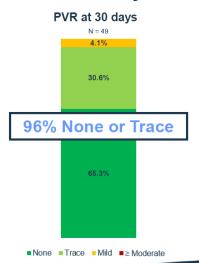
#### Outcome:

Technical success (VARC-3): 100%

2<sup>nd</sup> valve required: 0%

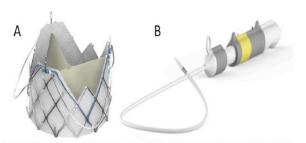
30-day mortality: 1.7%

Moderate or severe AR: 0%



#### Transfemoral J-Valve

- Porcine pericardial leaflets
- Self-expanding nitinol frame
- Three U-shaped anchor rings which allow grasping of native valve leaflets













#### **Aortic valve disease and Aortopathy**

**ESC/EACTS GUIDELINES** 

When aortic stenosis or regurgitation become severe with symptoms or asymptomatic meeting other criteria should undergo AVR irrespective of aortic dilation



#### \_\_\_\_\_

## 2021 ESC/EACTS Guidelines for the management of valvular heart disease

Developed by the Task Force for the management of valvular heart disease of the European Society of Cardiology (ESC) and the European Association for Cardio-Thoracic Surgery (EACTS)

Vahanian A. European Heart Journal (2022) 43, 561–632

# When surgery is primarily indicated for the aortic valve, replacement of the aortic root or tubular ascending aorta should be considered when $\geq$ 45 mm.

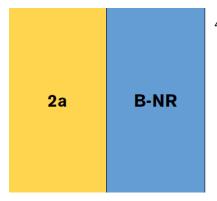
IIa C

f) Considering age, BSA, aetiology of the valvular disease, presence of a bicuspid aortic valve, and intraoperative shape and thickness of the ascending aorta should be considered for individual decisions

#### ACC/AHA CLINICAL PRACTICE GUIDELINE

2022 ACC/AHA Guideline for the Diagnosis and Management of Aortic Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines

Isselbacher EM. Circulation. 2022;146:e334-e482.



4. In patients with a BAV who are undergoing surgical aortic valve repair or replacement, and who have a diameter of the aortic root or ascending aorta of ≥4.5 cm, concomitant replacement of the aortic root, ascending aorta, or both is reasonable, when performed by experienced surgeons in a Multidisciplinary Aortic Team. 1,6



#### **Aortic valve disease and Aortopathy**

Surgery should be performed in patients with a BAV, who have a maximal aortic diameter ≥55 mm

TGFBR1 or TGFBR2 mutation (including

≥50 mm in the presence of a bicuspid valve with additional risk factors<sup>d</sup> or coarctation.

Loeys – Dietz syndrome).<sup>e</sup>

Ascending aortic surgery should be considered in patients who have aortic root disease with maximal ascending aortic diameter:

≥55 mm in all patients.

≥45 mm in the presence of Marfan syndrome and additional risk factors<sup>d</sup> or patients with a

- Family history

C

- Systemic hypertension
- Aortic coarctation
- Increase 0.3 cm/year

\*according to age, body size, comorbidities, and type of surgery

#### **ACC/AHA CLINICAL PRACTICE GUIDELINE**

2022 ACC/AHA Guideline for the Diagnosis and Management of Aortic Disease: A Report of the American Heart Association/American College of Cardiology Joint Committee on Clinical Practice Guidelines

Isselbacher EM. Circulation. 2022;146:e334-e482.

#### Table 14. Risk Factors for Aortic Dissection

Family history of aortic dissection

Aortic growth rate ≥0.3 cm/y

Aortic coarctation

"Root phenotype" aortopathy



#### Does the aortic root deserves special attention?

# Location of Aortic Enlargement and Risk of Type A Dissection at Smaller Diameters

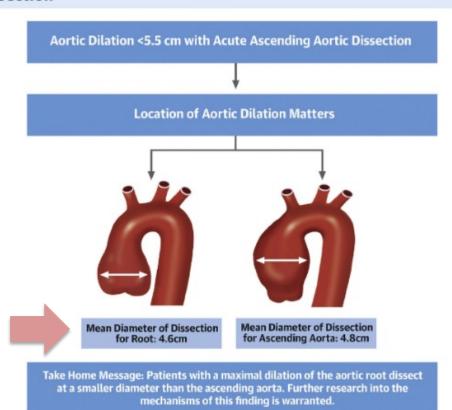


Asvin M. Ganapathi, MD,<sup>a</sup> David N. Ranney, MD,<sup>b</sup> Mark D. Peterson, MD, PhD,<sup>c</sup> Mark E. Lindsay, MD, PhD,<sup>d</sup> Himanshu J. Patel, MD,<sup>e</sup> Reed E. Pyeritz, MD, PhD,<sup>f</sup> Santi Trimarchi, MD, PhD,<sup>g</sup> Stuart Hutchison, MD,<sup>h</sup> Kevin M. Harris, MD,<sup>f</sup> Kevin L. Greason, MD,<sup>f</sup> Takeyoshi Ota, MD, PhD,<sup>k</sup> Daniel G. Montgomery, BS,<sup>1</sup> Christoph A. Nienaber, MD,<sup>m</sup> Kim A. Eagle, MD,<sup>f</sup> Eric M. Isselbacher, MD,<sup>d</sup> G. Chad Hughes, MD<sup>b</sup>

J Am Coll Cardiol 2022;79:1890–1897

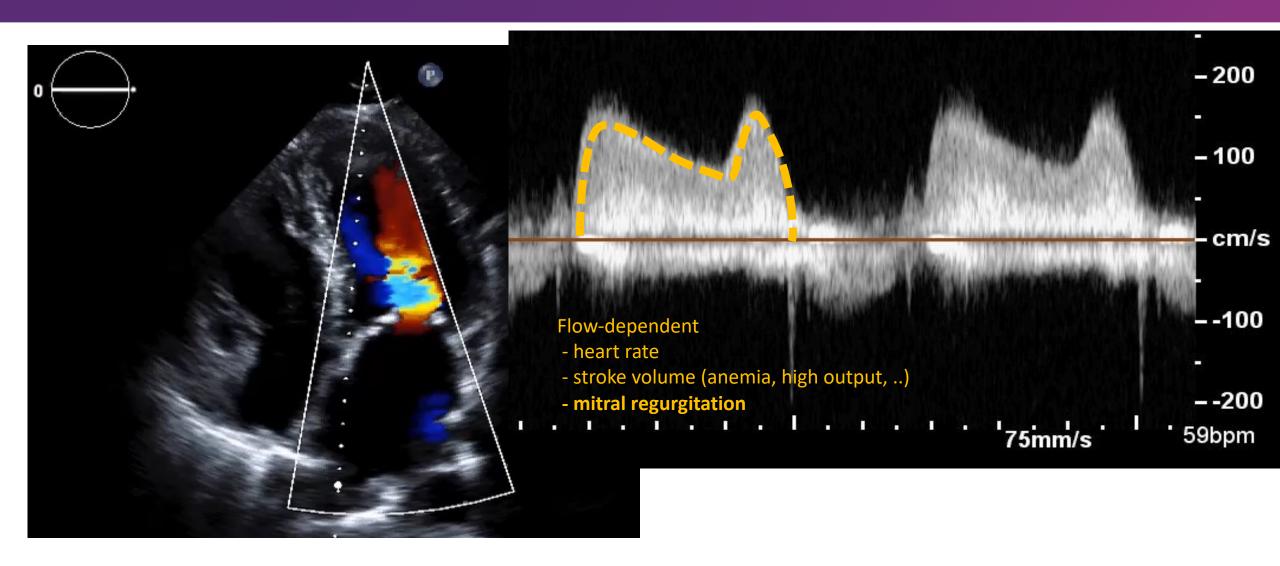
Acute type A aortic dissection appears to occur at smaller diameters in patients with modest dilation in the aortic root vs. the ascending aorta

#### **CENTRAL ILLUSTRATION:** Maximal Aortic Dilation Location in Acute Type A Aortic Dissection





## Mitral stenosis and regurgitation



$$MVA = \frac{Stroke\ Volume}{MV\ VTI}$$

→ MVA is <u>under</u>estimated

## Mixed MS/MR in MAC



#### **Severe MAC-Related Mitral Valve Dysfunction**

Stenosis Mixed Valve Regurgitation
OR Disease OR

MVA ≤1.5 cm<sup>2</sup> TMG >8-10 mm Hg MR > Moderate

Proposed framework for defining "severe" mitral annular calcification (MAC)-related mitral valve dysfunction with the goal of integrating stenotic, regurgitant, and mixed valve disease. TMG = transmitral gradient. Other abbreviations as in Figures 1, 3, and 5.





# Take Home Messages: Mixed MS/MR

- Separate evaluation of MR severity and MS severity whenever possible.
- MVA quantification challenging, esp. in degenerative MS/MR.
- Mean MV gradient = overall hemodynamic burden of combined valve lesion.
  - = prognostic impact in MAC population.
- Treatment of mixed MS/MR demands a Heart Team approach.





# Challenges in the Echo Diagnosis of Infective endocarditis

#### FALSE POSITIVES

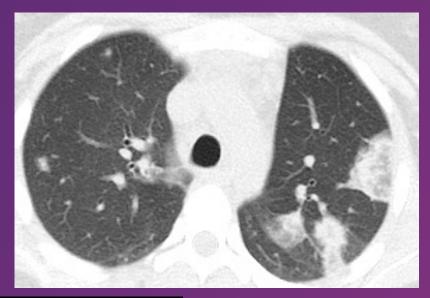
- Native valve disease: leaflet thickening, myxomatous changes, flail leaflet, chordal rupture
- Tumours (fibroelastoma)
- Thrombi, strands, Lambl's excrescences
- Non-infectious endocarditis
- Healed vegetations
- Eustachian valve, Chiari network
- Healed abscesses

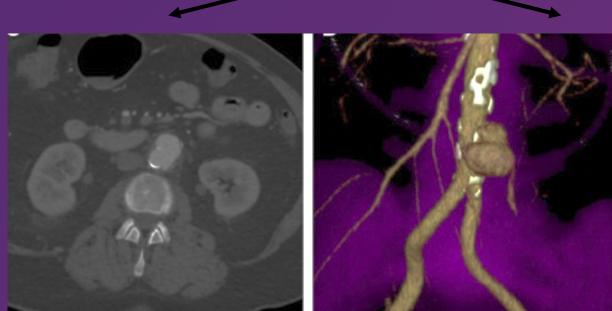
#### **FALSE NEGATIVES**

- Suboptimal image quality
- Small or absent vegetation (early in the course of infection)
  - motionless or atypically located vegetations
  - Native valve thickening masking vegetations
- Shadowing due to calcification

## MDCT in NVE

- Added value of CT
  - Pulmonary infarcts/ Abscesses
  - Coronary anatomy (Opolski MP,JACCi 2016;9:1059)
  - Peripheral embolism/ Mycotic aneurysm









Aortic pseudo aneurysm & CA.

# Addition of Positive PET/CTA in the Diagnosis of NVE

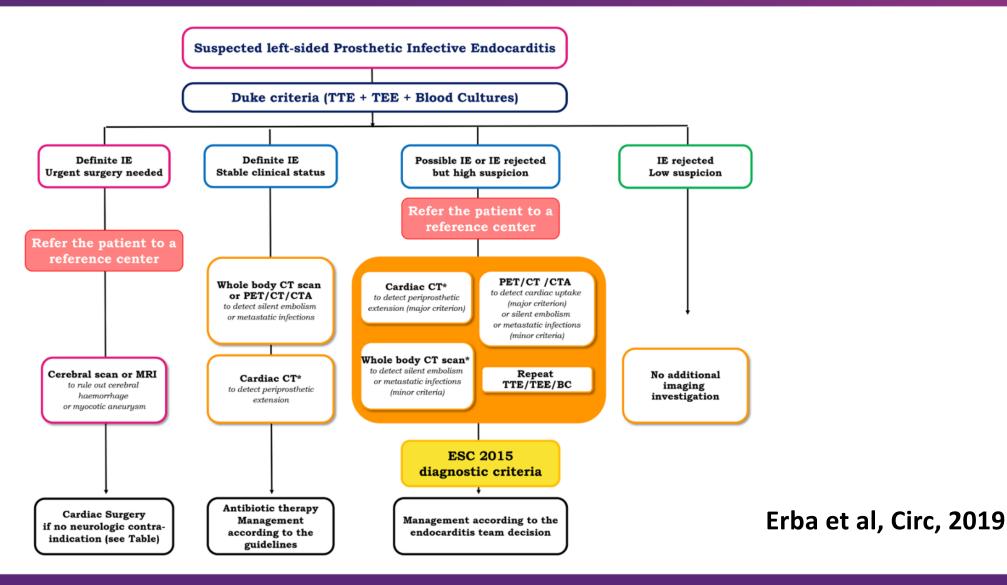
## > Useful in suspected cases having possible IE

Native valves (n=115)	Sens	Spec	PPV	NPV	AC
Admission echocardiography	<b>70</b> (56-83)	93 (87-99)	86 (75-98)	82 (74-91)	83.5%
PET/CT cardiovascular focal uptake	<b>22</b> (10-34)	100 (100)	100 (100)	66 (57-75)	68.7%
Admission DC*	<b>54</b> (40-69)	91 (85-98)	81 (67-95)	75 (66-84)	76.5%
Admission DC* + PET/CT major criteria	<b>65</b> (51-79)	91 (85-98)	83 (71-96)	80 (71-89)	80.9%
Admission DC* + PET/CT major criteria + emboli**	<b>78</b> (66-90)	91 (85-98)	86 (75-96)	86 (78-94)	86%

## KEY MESSAGES: MMI in IE

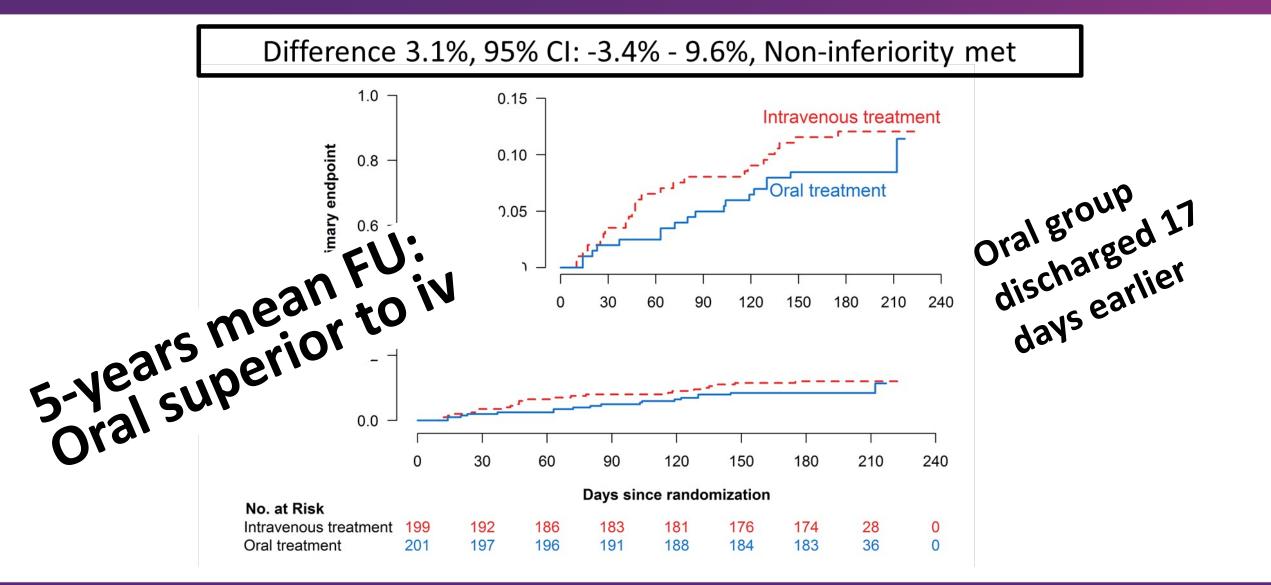
- MDCT, MRI, FDG-PET should NOT be used as a substitute for clinical, microbiological, or echocardiographic evaluation.
- MMI adds major and minor criteria to MDC and makes the definite diagnosis in "possible" IE.
- Incomplete outcome evidence exists to advocate whole body screening (CT, MRI, PET) in asymptomatic patients with NVE.

## Multimodality imaging assessment of PVE





#### POET (oral vs IV antibiotic treatment): death, emboli, unplanned durgery, relapse





## **POET criteria for shifting**

YES

• Definite left-sided IE with one of the following bugs: streptococci, Staphylococcus aureus, Enterococcus faecalis or CoNS?

YES

 Treated with relevant IV antibiotics ≥10 days and ≥7 days after valve surgery?

YES

 Satisfying response to treatment: No fever >2 days, CRP <25% og max measured value or <20 mg/l and Leukocytes <15 x 109/L?</li>

YES

 TEE performed <2 days without progression, abscess or new indication for surgery

NO

 Other indication for prolonged iv antibiotic treatment, suspected decreased gastrointestinal uptake or BMI >40

POET

 Consider changing iv treatment to oral treatment with two antibiotics and consider discharging the patient to out-patient observation



#### **TAVI** & Endocarditis – Some evidence?

JACC: CARDIOVASCULAR INTERVENTIONS
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#### Transcatheter Aortic Valve Replacement for Residual Lesion of the Aortic Valve Following "Healed" Infective Endocarditis

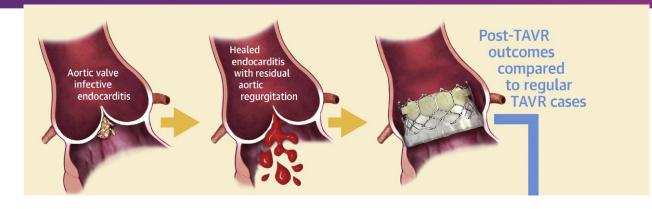


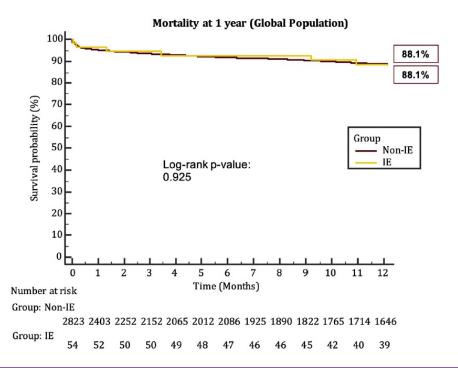
Sandra Santos-Martínez, MD, <sup>a,b</sup> Abdullah Alkhodair, MD, <sup>c</sup> Luis Nombela-Franco, MD, PhD, <sup>d</sup> Francesco Saia, MD, <sup>e</sup> Antonio J. Muñoz-García, MD, PhD, <sup>f</sup> Enrique Gutiérrez, MD, PhD, <sup>g</sup> Ander Regueiro, MD, PhD, <sup>h</sup> Victor A. Jimenez-Diaz, MD, PhD, <sup>f</sup> Fernando Rivero, MD, PhD, <sup>j</sup> Rafael Romaguera, MD, <sup>k</sup> Javier Gómez-Herrero, MD, <sup>a</sup> Tania Rodriguez-Gabella, MD, <sup>a,b</sup> Janarthanan Sathananthan, MD, <sup>c</sup> Itziar Gómez Salvador, MSc, <sup>b</sup> Manuel Carrasco-Moraleja, MSc, <sup>b</sup> Josep Rodés-Cabau, MD, PhD, <sup>l</sup> John Webb, MD, PhD, <sup>c</sup> Javier López, MD, PhD, <sup>a,b</sup> J. Alberto San Román, MD, PhD, <sup>a,b</sup> Ignacio J. Amat-Santos, MD, PhD<sup>a,b</sup>

10 centers – 54 patients with AoV possible (26) or definitive IE (28)

Healed infection & severe AoV dysfunction — TAVR Healed: 3 (-) BC & free clinical/lab signs of sepsis & no vegetations or abscess

Mean time from IE to TAVR: 90 days (21-411 days)







#### Conclusions

- "Healed" IE is not an absolute contraindication for percutaneous therapies
- When conventional surgical aortic valve replacement is rejected, TAVI in patients with healed IE is feasible, safe, and with a comparable mortality to standard ones, although with higher rates of AR and sepsis
- In patients with severe HF or cardiogenic shock and prohibited risk, decisions should be performed on a case-to-case basis

